

# HEALTHY KERN, HEALTHY YOU

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# Call to Action For a Healthy Kern Summit

"Celebrating Health Everywhere"

Wednesday, September 17, 2014 8:00 a.m. to 2:30 p.m.

Bakersfield Marriott at the Convention Center 801 Truxtun Avenue • Bakersfield, CA 93301





# We are proud to present the 2014 Kern County Call to Action Summit: Celebrating Health Everywhere!

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The goal of this summit is to bring together all community partners and residents in an enriching atmosphere to exchange ideas and to learn from local experts on how to take concrete steps to promote health at home, school, work—everywhere.

## Learning Objectives:

At the end of this summit, participants' will be able to:

- Identify opportunities with grassroots, business, education, and community partners to foster positive community changes to improve Kern's air quality.
- Develop strategies to increase resident's access to fresh fruits and vegetables and opportunities to be physically active.
- Identify and move forward with opportunities to change organizational and/or community policies and development to reduce obesity and chronic disease rates.

#### Registration:

Online registration is as follows: http://tinyurl.com/osndzeg



#### Target Audience:

Community partners and residents from Kern County including leaders in:

Business

Faith-based Groups Government

Communications

Healthcare

Community

- Early Childhood Education
- Schools

### Questions?

### Please contact Becky Lomeli at 661-868-0165 or e-mail calltoaction@co.kern.ca.us

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