



Free Worksite Wellness Training Opportunity

Healthy Worksites for a Healthy Kern

Sponsored by
Call to Action - Worksite Wellness Working Group

- When:** Thursday, May 23, 2013
Time: 12:00 PM to 1:00 PM (light refreshments provided)
Where: Kern County Public Health Services Department
1800 Mt. Vernon Avenue • Bakersfield
San Joaquin Room

Learn about:

- Creating a Culture of Health in your workplace
- Key elements of successful Worksite Wellness programs
- What other companies in Kern County are doing to:
 1. Improving employee health
 2. reducing healthcare costs
 3. increasing the company's bottom-line
- Simple, low-cost ways to get your Worksite Wellness program off to a good start

To register e-mail Ralph Lopez at lopezraf@co.kern.ca.us
For questions or more information about the training, call (661) 868-0425

